

COVID-19 Travel Considerations

Before You Go

- When booking a room online, check to see if the facility's website includes information about cleaning procedures specific to preventing the spread of COVID-19. If it doesn't, call and ask. You can also inquire about any policies put in place for hotel staff members to help prevent the spread.
- Pack alcohol-based hand sanitizer (containing at least 60% alcohol).
- Bring a cloth face covering to wear in public places (and pack a couple of extras).
- Prepare food and water for your trip to help limit having to go into stores along the way.
- Pack cleaning supplies you have at your disposal.

Along the Way

- Make sure to wear a face covering when stopping for gas, food, or bathroom breaks.
- Maintain social distancing when making stops along the way.
- Wash your hands with soap and water for at least 20 seconds, especially after you have been in a public place, after touching surfaces frequently touched by others, after blowing your nose, coughing, or sneezing, and before touching your face or eating. If soap and water aren't available, use hand sanitizer that contains at least 60% alcohol. Cover all surfaces of your hands with sanitizer and rub your hands together until they feel dry.

When You Get There

- Maintain social distancing at check-in and while walking through the hotel.
- Use the cleaning products you brought to further disinfect the room. Key areas to wipe down include light switches, doorknobs, faucets, the toilet handle, and the television remote.
- Make sure to check the labels of the cleaning products so that you're using them in the correct way.
- Consider limiting or opting out of daily housekeeping service to reduce the number of people entering your room.
- Choose room service or grab-and-go options rather than sit-down dining if possible.
- If you choose to go to the hotel pool, maintain at least a distance of six feet – both in and out of the water – from those not in your traveling party.



- Don't share items that are difficult to clean, sanitize, or disinfect or that are meant to come in contact with the face (for example, goggles, nose clips, and snorkels) and don't share items such as pool toys with others outside of your traveling party.

Always

- Wash your hands often. If soap and water are not readily available, use a hand sanitizer that contains at least 60% alcohol. Cover all surfaces of your hands with sanitizer and rub them together until they feel dry.
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- Stay at least 6 feet apart from other people.
- Wear a cloth face covering in public.
- Avoid crowded places.
- If you are in a private setting and do not have on your cloth face covering, remember to always cover your mouth and nose with a tissue when you cough or sneeze or use the inside of your elbow.
- Throw used tissues in the trash.
- Immediately wash your hands with soap and water for at least 20 seconds. If soap and water are not readily available, clean your hands with a hand sanitizer that contains at least 60% alcohol.

A Few Tips for Flying

- Try to limit contact with frequently touched surfaces like kiosks, touchscreens and turnstiles, handrails, restroom surfaces, and elevator buttons.
- Try to limit your exposure to others in the airport.
- Wear your mask in the airport and during the flight.
- Continue to practice good hand hygiene.